

CHILD NUTRITION AND FOOD DISTRIBUTION DIVISION MANAGEMENT BULLETIN

No.: 98-813

TO:	Child Care Food Program Sponsors* Adult Day Care Food Program Sponsors	ISSUE DATE: August 1998
FROM:	Nutrition Standards Unit	
ATTENTION:	Child Care Food Program Directors, Food Service Directors, Food Program Authorized Representatives, Center Directors, Consulting Dietitians, and Food Service Vendors	
SUBJECT:	Crediting of Salsa and Baby Carrots	
REFERENCE:	APB: CNP-97-55, "Crediting Salsa and Baby Carrots in Child Nutrition Programs"	

This Management Bulletin transmits information from the United States Department of Agriculture on the crediting of salsa and baby carrots in the Child Care Food Program and the Adult Day Care Food Program. The crediting of salsa is permissible under the following circumstances:

1. Any salsa credited must consist only of vegetable ingredients. Nonvegetable or nonfruit components such as modified food starch, gums and stabilizers cannot be credited. A product specification form must accompany the product and contain adequate information to insure the product contains a minimum of one-eighth cup vegetable or fruit.
2. Salsa cannot be used in amounts smaller than one-eighth cup to be counted towards meeting the vegetable/fruit component.

Baby Carrots

Yield information on ready-to-eat baby carrots was determined by an outside laboratory contracted by USDA to revise the Food Buying Guide. Because the size of baby carrots can vary, it is recommended that menu planners use a 1.3-ounce sample to determine the number of carrots per serving.

- ◆ Size of carrots tested: 1¾ – 2 inch length
- ◆ Yield: 12.33 servings per pound as purchased (1 serving = ¼ cup)
- ◆ 8.5 carrots = 1.3 ounces

If you have any questions, please contact Kathy Mackey, Child Nutrition Consultant for the Adult Day Care Food Program, at (916) 324-0578 or Kelley Knapp, Child Nutrition Consultant for the Child Care Food Program, at (916) 445-6774, or call the toll free number (800) 952-5609.

Duwayne Brooks, Director Child Nutrition and Food Distribution Division Assistant Superintendent of Public Instruction	Kathy B. Lewis Deputy Superintendent Child, Youth and Family Services Branch
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**Day Care Home Sponsors*: file in your Day Care Home Nutrition Resource Handbook

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